



**ALLEGANY COLLEGE**  
of MARYLAND  
**NURSE MANAGED WELLNESS CLINIC**

**SPRING 2025 WELLNESS SERVICES**

**Blood Pressure Check**

When: **Thursdays**  
Where: College Campus  
Time: 11:30-1:30 PM  
Cost: **FREE**

**Health Risk Assessment**

When: **Tuesdays- Thursdays**  
Where: NMWC AH115  
Time: **By Appointment**  
Cost: **FREE**

**Immunization Clinics-**  
**(Influenza, Hepatitis B, TDAP)**

When: **Tuesdays- Thursdays**  
Where: NMWC AH115  
Time: **By Appointment**  
Cost: Influenza \$30.00  
TDAP \$60.00  
Hepatitis B \$60 ea. (3-dose series)

**Cholesterol & Diabetes**  
**Screening**

**\*REQUIRES FASTING 15 HOURS NO CAFFEINE\***  
**FREE for ACM employees**

When: **March 4th & 5th**  
Where: NMWC AH115  
Time: 8-12 noon  
Cost: \$20 (Diabetes- HgbA1C)  
\$30 (Cardiovascular- lipid panel)

**School / Wellness Exams,**  
**Participation (Sports) Physicals\***

When: **Tuesday- Thursdays**  
Where: NMWC AH115  
Time: **By Appointment**  
Cost: \$25.00  
\$35.00\* (Sports physical)

**Health Education/ Screening**

- March 18<sup>th</sup>- **Anemia Screening** (College Center) 11-1 PM **FREE**
- March 19<sup>th</sup>- **STI Screening** (NMWC AH115) 11-1 PM **FREE**
- March 25<sup>th</sup>- **Depression Screening** (College Center) 11-1 PM **FREE**

**Tuberculin Screening (TST/ PPD)**

When: **Tuesdays**  
Where: College Campus  
Time: **By Appointment**  
Cost: \$20.00

**CALL OR EMAIL US TO SCHEDULE YOUR APPOINTMENT!**

**301-784-5670 [acmmwc@allegany.edu](mailto:acmmwc@allegany.edu)**