

**HEALTH/PHYSICAL EDUCATION
AREA OF CONCENTRATION
PREPARATION FOR TRANSFER**

This transfer pattern is designed for students planning to transfer to a four-year college or university with a major in health/physical education but are uncertain as to the transfer institution. The courses included in this program closely parallel the first two years of a health/physical education major at many four-year institutions.

This is a transfer program and is designed to enable students to transfer to a four-year college or university. Check with your advisor and the Student Success Center as soon as possible to ensure specific course transferability.

In order for a student to receive a degree in health and physical education, you must complete a bachelor's degree through a four-year university.

Successful completion of this program qualifies a student to apply for an Associate of Science degree in Arts and Sciences – Area of Concentration in Health/Physical Education.

FIRST SEMESTER	Credit Hours	THIRD SEMESTER	Credit Hours
Biological Science 101		Biological Science 207 (Anatomy and Physiology of the Human I)	4
(General Biology I)	4	Physical Education 113 (Beginning Weight Training (Co-Ed))	1
English 101 (Freshman English I)	3	Physical Education 153 (Cardiopulmonary Resuscitation and First Aid)	2
Humanities Elective	3	Physical Education 203 (Intramurals and Sports Officiating)	3
Mathematics Elective	3	Physical Education 204 (Introduction to Physical Education)	3
Physical Education 145 (Personal Wellness)	2	Physical Education 209 (Foundations of Training I)	3
	Total: 15		Total: 16
 SECOND SEMESTER		 FOURTH SEMESTER	
Biological Science 114 (Fundamentals of Nutrition)	3	Biological Science 208 (Anatomy and Physiology of the Human II)	4
English Elective	3	Physical Education 130 (Intermediate Weight Training (Co-Ed))	1
Physical Education 154 (Integrated Health and Physical Education)	3	Physical Education 210 (Foundations of Training II)	3
Psychology 101 (General Psychology)	3	Physical Education 212 (Fundamentals of Health and Physical Education)	3
Speech 101 (Speech Communication I)	3	Sociology 101 (Introduction to Sociology)	3
	Total: 15		Total: 14
			Total Credit Hours: 60

PROGRAM NOTE: Students interested in teaching Physical Education should take Education 100, 201 and 204 as electives.

NOTE: All courses specifically identified by course number are graduation requirements for this program.