

Dear Students,

Thank you for doing your part to keep our college community safe. I have a few quick reminders as we near the middle of the fall semester.

### **ENTER ACM'S \$500 LOTTERY**

Fill out the [online form](#) to win.

Have you signed up through our vaccination lottery for your shot at \$500? There's still time to [enter by Thursday to win](#), but the clock is ticking. Our drawing for 10 lucky (and fully vaccinated) winners is this Friday, Oct. 1, so don't delay.

### **SELF-CHECK DAILY**

Keep COVID contained so you can learn.

We want you to stay healthy, engaged, and on your way to achieving your goals this fall. If you've tested positive for COVID, have been around someone who has, or if you're personally experiencing symptoms, [you must contact](#) an ACM Intake Official *before* coming to campus. Please be sure to [self-check](#) for symptoms daily, stay properly masked at all times indoors and in outdoor crowds, and practice social distancing.

It takes all of us working together to keep our community a safe environment for learning. You and your family are encouraged to visit [www.allegany.edu/coronavirus](http://www.allegany.edu/coronavirus) for most current updates.

### **MAKE IT IN OCTOBER**

Prioritize you and your needs.

October is critical month for college students. If you are starting to slide academically or emotionally, we can help you stay in school and succeed. You and your future matter here.

- Talk with a trusted instructor or a staff member.
- Connect with our [academic resources](#) for in-person or online tutoring, study labs, testing, and possible accommodations.
- Use our [Holistic Mental Health Network](#) to identify ways to practice self-care, address your basic needs, and seek counseling assistance.

If you have questions or need assistance and you don't know where to start, please contact our [Thomas Welcome Center](#) at 301-784-5005. You can always touch base with one of your instructors or a member of our staff, too.

Stay safe and be well,  
Dr. Cynthia Bambara  
ACM President