

Hello [Student's Name],

I want you to think about energy for a moment, specifically YOUR energy. Unless you're one of the lucky few, you probably devote A LOT of energy and time to your worries. This is where we can help.

FINANCE WORRIES:

You are far from alone if you're concerned about the cost of college. It's important to us that you graduate with zero or as little college debt as possible. To do that, it will take a little work now to pay off down the road.

If you're continuing with us next fall, **renew your FAFSA as soon as possible** to be eligible for grants, work study positions, and student loans. Apply by the March 1st priority filing date to maximize what you may receive. Get help with your FAFSA by stopping by the Student Financial Aid office today.

Apply online now for college scholarships through the ACM Foundation Office. The next scholarship deadline is February 28 for the 2023-24 academic year. We offer a range of scholarships, with most scholarships requiring a minimum of a 2.0 GPA. The sooner you apply, the better.

GRADE WORRIES:

It's natural to worry about your classes. If you're beginning to struggle with a certain course (or courses), we're here to keep you from spiraling into a low grade or dropping a course you really need.

Visit the Math Lab and the Reading and Writing Center in Learning Commons and the Science study lab in the Science Building. Here's a preview of their services.

WELLBEING WORRIES:

COVID-19 and its squad of variants is a very real worry for us all. If you are not feeling well, please stay away from campus. Contact your instructors and follow the guidance of your physician and/or urgent care center.

If you're struggling with mental health concerns, please make an appointment to see LaDawn, our onsite therapist, by calling 240-964-8585 ext. 3. She's available four days per week at no cost to ACM students.

I hope these resources lessen some of your worries, leaving you with more time and energy to explore and grow as a student. This is where I believe you find your true payoff, Trojan.

We are always here to support you, plan with you, and keep you on your path to graduation. If you have questions, please contact a trusted instructor or a staff member. You may also contact our Welcome Center specialists at info@allegany.edu or 301-784-5005.

Wishing you the best,

Dr. Cynthia Bambara
President of Allegany College of Maryland