SUBJECT LINE: Celebrate wins before Spring Break!

Hello [Student's Name],

Let's talk about wins.

Congratulations to our men's basketball team who are Region 20 tournament champions! Good luck as they advance to the District 3 tournament at Monroe College this Friday and Saturday. When you can, be sure to attend ACM's athletic events, which are listed on the <u>campus calendar</u>. (Admission is free of charge for everyone at outdoor athletic events.)

## OWN your wins.

**Take two minutes to list your academic and personal wins this semester**. Maybe you spoke up in class, found a study group, met someone who challenged you, convinced yourself (or your child) to eat vegetables, or completed a transfer application. Write, record a video or voice memo, or even post your wins. Return to this list/post/video when needed.

## PLAN for your second (and even, better) half.

I have yet to meet a student who didn't want a Spring Break. I hope you have a relaxing and refreshing break, and you enjoy extra time with your friends or family. If you have assignments over break, try to complete them early. (It reduces stress and unneeded pressure.)

When you return, partner with us to work smarter and finish strong. If you're sliding in a class or classes, get extra help through Learning Commons services like Study Labs, in-person and online tutoring, the RAWC, work with a study group, or ask for aid from your instructor.

If you need support in other areas of your life, we can help. Learn about <u>support options and resources</u>, from counseling sessions to requesting food items through The Pantry.

## THINK a few steps ahead.

Summer classes may move you one step closer to entry to a particular program or graduation. <a href="Preview">Preview</a> our summer full term and A and B sessions and work with your advisor or Advising Center specialist. Fall courses will be available for preview later this month, with registration opening for both the summer session and the fall semester on April 10.

I encourage you to complete your FAFSA for next year if you're continuing with us. (Priority filing date for MD and WV residents was March 1. For PA residents, it is May 1.) If you need help with the FAFSA, contact one of our <u>financial aid</u> specialists at 301-784-5213. Be sure to also apply for <u>scholarships</u> through the ACM Foundation. The next deadline is March 31.

Talk with a trusted instructor or a staff member if you have questions. You can always contact one of our Welcome Center specialists at <a href="mailto:info@allegany.edu">info@allegany.edu</a> or 301-784-5005, too.

Wishing you the best,

Dr. Cynthia Bambara President of Allegany College of Maryland