Dear [STUDENT NAME],

Whether it was spent with friends or family or a mix of both, I hope you had a good Thanksgiving. It's good for us all to *occasionally* hit pause on school and work.

You and I have about two weeks left in the semester. I know moving forward can feel difficult at this time.

I believe in you.

I know that you can do this. You have it within your power to achieve.

Please use our college <u>resources</u> to support your journey—they're here for you.

- Talk with your instructors about your assignments or upcoming finals.
- Try a tutor. We offer online and in-person tutoring as well as study labs and a speech lab.
- Get writing advice from the specialists at the Reading and Writing Center (RAWC).
- Contact The Pantry if you're struggling with food insecurity or a lack of personal care products. It's in College Center, Room 54, and we have Pantry Outposts at the Gateway Center and the Bedford County Campus.
- Visit our on-site counselor or connect with <u>self-care and crisis resources</u>.

Think ahead if you're continuing with us next semester or next year.

- Review your graduation or transfer plan.
- Talk with an advising and transfer specialist or your program advisor if you have questions.
- Register for spring courses. Classes begin January 16, 2024.
- Visit our ACM Foundation or Financial Aid Office if you're struggling with tuition or textbook expenses. Student Emergency grants are available.
- Complete the 2024-25 FAFSA when it's released. Stay tuned to our social media for updates and visit <u>www.studentaid.gov</u>.

Wishing you continued success,

Dr. Cynthia Bambara

ACM President