

November 2024

Wellbeing @ACM



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27	28	29	30	31	1	2
3	4	5	6	7	8	9
10	11	12 Mental Health First Aid Training w/ UPMC (virtual) 8:30am- 4:30pm	13	14	15	16
17	18	19	20	21 Diabetes & Cholesterol Screening @NMWC	22	23
24	25	26	27	28	29	30
1	2	Notes				